



Crowdy Head Surf Life Saving Club Inc.

Established in 1956
Incorporated in NSW INC 9879709
ABN 27 911 047 117

www.crowdyheadslsc.org.au



Nippers Carnival Info Sheet



Surf Life Saving has many facets and some Nippers enjoy surf sports by participating in competitions at Surf Carnivals. Carnivals are a great way to meet other people and for the kids to represent Crowdy and keep fit whilst improving their skills.

All nippers wishing to compete at carnivals must complete their Junior Proficiency swims prior to their first carnival of the season.

SURF SPORTS involves both individual and team events in many disciplines, as listed below:

U8	Wade, beach sprint and beach flags
U9-U10	Surf race (swim), board race on FOAM nipper board, beach sprint and beach flags
U11-U13	Surf race (swim), board race on FIBREGLASS nipper board, iron person (swim, run, board), beach sprint and flags
U14	Surf race (swim), board race on FIBREGLASS RACING MAL, iron person (swim, run, board), beach sprint and flags

Team events in the water are surf race team (swim), Cameron relay, board relay and wade relay (U8 only).

The March Past is a tradition at some carnivals and is usually conducted prior to the first water event. This involves those nippers attending to carry the Crowdy flag and march in a group alongside Nippers from other clubs.

COST: Carnivals within the LNC Branch do have a cost to enter, however the charge varies at each carnival.

TIME FRAME: Most carnivals start at around 8.30am-9.00am with sign on starting an hour before, and usually conclude by around 2.00pm.

HOW TO ENTER A CARNIVAL: Nippers and parents/caregivers will be notified of upcoming Carnival Events via announcements made on a Sunday morning prior to the commencement of Nippers activities, on our Facebook page and our website. To enter your child's name for an upcoming carnival, please contact our Director of Surf Sports, Leigh Croker, your Age Manager and our JAG Team, letting them know which carnival they would like to attend. Where a Nipper enters a carnival and subsequently fails to attend there can be no refund as LNC Branch will charge the club. At most carnivals, it is possible to enter on the day for the normal entry fee, plus a late fee of between \$5 and \$20.

COMPULSORY ITEMS: All Nippers competing for Crowdy SLSC must wear:

- Crowdy **Competition** Cap in all water and beach events (as opposed to the normal nipper coloured cap. The Competition Cap is a WHITE CAP WITH GREEN AND BLACK STRIPES and does NOT come as part of normal membership package. To purchase a Crowdy Competition Cap for an additional fee (currently \$20), please see our JAG or Uniform co-ordinators).
- Hi-vis pink singlet in water events

WHAT ELSE TO BRING: It would be great if Nippers could be responsible for transporting their own board to carnivals. If you need to borrow a club board and/or need help with transporting a board, please talk to Adam Eady. Other items for a day at the beach should include swim cap and goggles, sun hats, sunscreen, long sleeve shirt for sun protection, warm jacket, towels, plenty of food and water, bag for rubbish, board wax, spare competition cap, fold up chair.

WATER SAFETY AND OFFICIALS: For every seven competitors, there is a requirement that the club supply one Official, and one Water Safety person for every 5 competitors for carnivals. To assist with water safety, you must hold a current SRC or Bronze Medallion. To assist with officiating, you need to complete an Officials course. Courses to become qualified as an official are conducted by LNC Branch throughout the season. This course is not very time consuming and is very interesting. Officiating and helping with Water Safety are rewarding roles as you are close to the Nippers during the races, the day goes very fast and you are provided with water, morning tea and lunch! If you are interested in any of these courses, please contact our Director of Education or visit <https://sls.com.au/role/surf-rescue-certificate/> or https://www.sportaus.gov.au/coaches_and_officials/officials.

ON THE DAY OF THE CARNIVAL – For Nippers:

- Make sure you bring your Crowdy Competition Cap, pink competition vest and board.
- Sign in on arrival – you will sometimes receive a coloured wristband or stamp according to age group.
- Find the Crowdy tent on the beach.
- Get settled in and perhaps have a swim or a paddle to warm up and get used to the conditions.
- Participate in the March Past if it is on
- During the day listen to marshalling calls – there is a first call, second call and final call for each event
- When called, go to the marshalling tent in your water area and wait for directions from the Officials. Once each race is over, wait at the finish line until you are dismissed.
- During the day, drink lots of water and eat healthy foods. Keep in the shade when possible and HAVE LOTS OF FUN 😊😊😊!
- Sometimes it is possible for Crowdy Nippers to join in with kids from other surf clubs to form composite teams at carnivals if we do not have enough to form a Crowdy team.

ON THE DAY OF THE CARNIVAL – For Parents

Aside from helping with all of the above there are a couple of more little tasks we share around . . .

- The tent needs to be transported to each carnival, put up and taken down, etc
- If a parent is officiating or in the water as water safety, we all look out for their kids and make sure they've had something to eat and drink and are organised for their races
- If someone is unable to transport a board, we make sure someone else can take it
- And sometimes things get broken or misplaced, so if you have a spare competition cap, spare goggles, spare board wax, etc, throw them in just in case someone has a mishap!

Thank You!

